

February Health and Wellness Information



Make taking medications easier!

How closely do you follow the instructions on how and when to take your medications? Everyone has forgotten to take their medication at sometime or another; or has purposely not taken it.

There are a lot of reasons someone might not take their medicine as prescribed:

- Forgetfulness (we've all forgotten from time to time!)
- Not feeling the need for it
- Side effects or interactions with other meds
- Complicated instructions (i.e. taking meds multiple times a day and/or having to take on an empty stomach)
- Number of daily pills
- Cost
- Difficulty opening pill bottles
- Unable to read the prescription label.

And the list goes on.


Visit [360 Health Pharmacy](#) to learn more about pharmacy services such as Custom Pill Packages and Script Talk (talking pill labels) and talk to your PPN pharmacist about what other options may be available!


[Find a Pharmacy](#)

Your Exclusive February Offers

SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefits Program members!

Get 300 pts
when you spend \$50

Scene 



Start saving today!

Get 300 Scene+ points when you spend \$50 or more in a single transaction.*
SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefit Program members.

*Conditions apply.

[Download Your Coupon](#)

Your Health News



Your 5-Step Plan for a Smoke-Free 2025.

Is 'quit smoking' part of your New Year's Resolution? Whether it's your first time or you're trying again, this 5-step plan will help you achieve a smoke-free 2025.

[Read Article](#)

Member News



Enjoy the benefits!

Whether you are a direct Vivanta preferred network solution pharmacy customer or in partnership with your primary benefits carrier, you can enjoy the benefits, savings, and rewards as a member of an **Vivanta Preferred Pharmacy Benefits Program!**

Exclusive February offer: Preferred pricing/copay coverage on prescriptions filled at Vivanta PPN pharmacies (check with your plan administrator for details).

[Learn More](#)

Vivanta preferred network solution pharmacies include:



To locate a PPN pharmacy near you visit 360healthpharmacy.ca



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